



ISLAND
SAILING CLUB

AT THE HEART OF SAILING

Summer Evening Menu

Island Sailing Club members receive a 15% Discount

To Start

- Crispy Whitebait served with Lemon Mayonnaise and Salad Garnish £7.50
Smoked Salmon & Prawns Marinated in Honey, Mustard & Dill Mayonnaise on Crispy Gem
with Buttered Bread £8.50
Homemade Soup of the Day served with Crusty Bread £6.00
Roasted Red Pepper Houmous with Fried Crispy Flatbread £6.50
Duck & Pork Parfait with a Plum Chutney served with Warm Sourdough £7.95
Smoked Chicken & Avocado Salad with Mango Salsa and a Soy Yoghurt Dressing £8.00

Main Course

- Chef's Special Beer Battered Haddock Fillet, Chunky Chips, Mushy Peas with
Homemade Tartare Sauce £15.75
Grilled Tuna Steak, Sun Blushed Tomato with Summer Greens, Pesto & Charred Mango
£17.00
Crispy Pork Belly with Mustard Mash, Caramelised Onion Puree, Black Pudding Soil
& Cider Apples £17.00
Roast Supreme of Chicken Breast, Smoked Bacon, Brie Potatoes, Honey Root Vegetables
with a Port Jus £18.00
Creamy Pesto, Sun Blushed Tomato, Feta & Olive Tagliatelle £14.50
Seared Seabass Fillet, Prawn, Chilli & Coriander Risotto with Flaked Parmesan £17.00
Crispy Fried Courgette in a hot honey & Chimichurri Glaze served with Stir Fried Vegetables
& Crispy Noodles £14.50
8oz Isle of Wight 40 Day Aged Rump Steak, Homemade Onion Rings & Mixed Salad with
Chunky Chips £19.95

Burgers

- 8oz Isle of Wight Beef Burger with Cheese, Lettuce & Tomato £13.50
Southern Fried Chicken Burger with Smoked Applewood Cheese & Sweet Chilli Sauce £14.50
Punk Vegan Burger, with Lettuce & Tomato £13.50

Add - Extra Cheese £1 Bacon £3 Hash Brown £2

All served with Salad Garnish & Fries

